

SPORTS & ENRICHMENT FOR KIDS!

A Summer @
Lauralton PROGRAM

Looking for a quality fun time for your kids this summer?
Sports & Enrichment for Kids! at Lauralton Hall is the place to be
 with a top notch adult staff to guide your child through a week of learning
 and fun in a safe environment.

NEW FOR 2012!! HIGH SCHOOL PROGRAMS

Resume Design and The College Essay

Grades 9-12

This one-week, writing-intensive seminar is especially designed for the rising high school senior. Let the guidance and English faculty at Lauralton Hall help you complete and design your resume and craft your personal narrative essay for the Common Application form of college admissions. Students will be taught a range of stylistic techniques, write an outline, edit and polish their essay they will "graduate" from the seminar with an original and professionally edited college essay and a typed and designed resume to present during admissions interviews. Taught by Lauralton Hall faculty members Mrs. Pam Boynton and Mrs. Yvonne Fosse-Previs.

July 23 - July 27 | 9:00 a.m. - 12:00 p.m. \$500

Study Skills Workshop

Back at Lauralton Hall by request, the S4 – Successful Study Skills 4 Students workshop is an evidenced-based, scientifically proven, easy-to-implement system for student organization, note-taking, test preparation, time management and much more. Taught by credentialed and engaging teachers, the workshop's goal is to equip students with the skills they need to be successful learners to achieve academic success.

High School students
 Aug. 13 - Aug. 17 | 11:00 a.m. - 12:30 p.m. \$395

Middle School students
 Aug. 13 - Aug. 17 | 1:00 p.m. - 2:30 p.m. \$395

Elite Pre-Season Soccer

Grades 9-12

This clinic is designed to develop your student-athlete's soccer skills. Its timing and skill development will be structured to prepare the athletes for high school tryouts. Your student-athlete will learn individual skills, team skills, tactics and strategies with the use of diversified drills, fun activities, circuits and team play. Athletes will learn everything from the importance of team building and warm-ups to goal scoring and much more.

Aug. 13 - Aug. 17 | 10:00 a.m. - 12:00 p.m. \$100

Aug. 20 - Aug. 24 | 10:00 a.m. - 12:00 p.m. \$100

Pre-Season Field Hockey

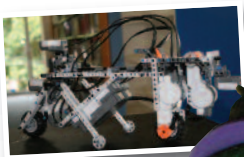
Grades 9-12

This clinic is designed to develop field hockey skills. This course will prepare the players for high school tryouts. The clinic will teach individual and team skills, tactics and strategies with the use of diversified drills, fun activities, circuits and team play. Athletes will learn about team building, warm-ups, goal scoring, passing, receiving, tackling, possession and elimination.

Aug. 20 - Aug. 24 | 5:30 p.m. - 7:30 p.m. \$100

Pre-Season Volleyball

TBD



Lauralton Hall | 200 High Street | Milford, CT 06460
 203.877.1786 | www.lauraltonhall.org

ENRICHMENT PROGRAMS

Artistic Corner

Art Adventure

Ages 6 - 10

This program is designed for the child who loves to be creative. Each day, students will learn about different types of artwork and then create a different project including painting, painting, clay modeling and much more!

July 2, 3, 5, 6 | 9:00 am - 1:00 pm \$140

July 23 - July 27 | 9:00 am - 1:00 pm \$175

Intermediate Art

Ages 8 - 12

Through this class, students will begin to evaluate art and techniques. Students will complete a different project each day that emphasizes the newly acquired techniques. Students will work on advancing their skills while focusing on their creativity.

July 9 - July 13 | 9:00 am - 1:00 pm \$185

Aug. 6 - Aug. 10 | 9:00 am - 1:00 pm \$185

Advanced Art

Ages 12 and up

This program is ideal for students with a strong passion for art. Students will learn about different artists and techniques, and then apply their knowledge and skills to create original pieces of art. Students will develop more advanced skills in these ten classes that span two weeks.

Aug. 6 - Aug. 17 | 9:00 am - 1:00 pm \$350

Textile Arts

Ages 10 and up

Your child will explore the world of weaving, knitting, sewing and pottery, gaining insight and knowledge into the practical world of the textile arts, and will complete a variety of projects. Give your child the skills and confidence needed to successfully master the textile arts in a creative way.

July 23 - July 27 | 1:00 pm - 4:00 pm \$200

Cartooning

Ages 10 and up

Students will learn to use shapes and lines to create their very own (cool/crazy) cartoon characters while learning the tools and techniques to liven up their drawings with action and emotion.

July 16 - July 20 | 1:00 pm - 4:00 pm \$175

Graphic Photoshop

Ages 10 and up

This is an introduction to the popular and powerful Photoshop program, where your child will learn the ins and outs of digital photo manipulation, from cropping to collages. Professional instructors will provide tips and techniques in the use of Photoshop's many simple, yet complex, tools. Soon the students will be turning their own photos into personal works of art with amazing filters and special effects!

July 30 - Aug. 3 | 9:00 am - 1:00 pm \$175

Chef In Training

Cooking 101

Ages 6 - 10

Does your child love to help out in the kitchen? Sign him or her up for cooking 101 to learn the cooking basics! Your little chef will learn everything from proper food handling to how to follow a recipe. Allow our certified staff to create a safe and creative environment. Each day your child will complete a variety of different recipes that he/she will bring home to share with you and your family! At the end of the class, each student will have an original cookbook complete with the recipes completed in the program.

July 16 - July 20 | 9:00 am - 1:00 pm \$175

Aug. 13 - Aug. 17 | 9:00 am - 1:00 pm \$175

Cooking 201

Ages 10 - 14

Did your children take and enjoy Cooking 101? Allow them to further their skills and independence in the kitchen through Cooking 201 this summer! This class is ideal for a child with a passion for cooking. Students will advance their skills in the kitchen. Through this class, students will learn nutritional information while following recipes. Each lesson will introduce your child to a variety of diverse foods while he or she builds self-confidence and creativity in the kitchen. Students will be given the opportunity to create and share their own recipes. Every day, your child will come home and share homemade treats. At the end of the class, your chef in training will have an original cookbook along with the knowledge, confidence, and skills to cook!

July 9 - July 13 | 9:00 am - 1:00 pm \$185

Aug. 6 - Aug. 10 | 1:00 pm - 4:00 pm \$185

Advanced Gourmet Cooking

Ages 12 and up

Advance Gourmet Cooking is the perfect class for a student who has experience and a passion for cooking. Students will learn about healthy nutritional habits and how to incorporate these ideas into their lifestyle. Students will be challenged to create healthy modifications to some of their favorite treats, will learn new techniques to use while cooking and then will practice their new skills in a recipe each day. Every day, students will participate in a "Quick Fire Challenge" where they will create unique recipes based on the ingredients of the day. At the end of this class, students will know how to enhance their recipes while creating healthy alternatives. Students will also apply their techniques and tips, along with their knowledge and skills, to create healthy snacks.

July 23 - July 27 | 9:00 am - 1:00 pm \$200

Baking

Ages 10 and up

Does your child enjoy baking and cake decorating? After this one week course, students will have information and knowledge on making tasty and creative cakes and treats. A professional baker will expose students to a variety of decorating techniques.

July 30 - Aug. 3 | 1:00 pm - 4:00 pm \$200



"Without a doubt, the best camp my children attended all last year! We will absolutely be returning next summer!"

Writers Corner

Creative Writing

Ages 8 - 12

Does your child have a story to tell, write or draw? Have him or her come, work with friends and write their very own story. Together the children will explore ways to tell a story. This is for the child who wants to write poems, riddles or rhymes. Should the main character be a hero or villain? Can pictures add to the story? Students leave our workshop with a small collection of their own stories. Classes include both reading stories and writing stories.

July 16 - July 20 | 9:00 am - 1:00 pm \$175

Critical and Creative Writing

Ages 10 - 14

Students will examine and practice both critical and creative writing techniques while engaging in writing as a process. They will practice steps such as brainstorming, outlining, and producing multiple drafts of a written work while learning to distinguish between editing and revising. Students will put these methods into practice by producing works using compare/ contrast, multiple example, and persuasive techniques. In addition, students will learn how to enhance creative writing through adding rich descriptions, vivid imagery, and figurative language.

July 23 - July 27 | 9:00 am - 1:00 pm \$175

Science and Technology

S.T.E.M. G.E.M.S. - Raging Robotics

Ages 10 - 14

Participants in S.T.E.M. G.E.M.S. (Science, Technology, Engineering and Mathematics Generating Excitement through Mechanized Systems) will learn to be problem solvers. Using scientific and engineering skills and imagination, students will feel the thrill of creating a robot capable of solving "real-world" problems.

July 9 - July 13 | 9:00 am - 1:00 pm \$185

July 30 - Aug. 3 | 9:00 am - 1:00 pm \$185

Physics for Fun

Ages 10 and up

Discover the fascinating and practical world of science! This class will focus on different units of study, as well as incorporating daily challenges. At the end of the week, a Physics Olympics will be held in which groups will compete in a variety of challenges.

July 2, 3, 5, 6 | 9:00 am - 1:00 pm \$175

CSI - Lauralton Hall: "Solve the crime every time!"

Ages 10 - 14

In this fun-filled, educational workshop students are summoned to various staged crime scenes where they will participate in fact finding and evidence gathering activities in the hopes of solving the crime. Along with fellow investigators students will use Biology, Chemistry, Mathematics, and deductive reasoning to weigh evidence and apply findings in the quest to find the culprit. Participants will learn how to collect and analyze fingerprints, lip prints, and shoe prints; conduct hair and handwriting analyses; identify mystery powders, solutions and much more!

June 25 - June 29 | 9:00 am - 1:00 pm \$175

Video Making

Ages 10 - 14

Students will explore Windows Media Maker and Microsoft PowerPoint and will be given instruction on how to efficiently use the software while creating a "Movie Theme of the Day." Students will create a story, use a flip camera to capture their story, go back to the classroom to edit and, finally, make a disc to show to family members.

July 16 - July 20 | 9:00 am - 1:00 pm \$175

Fun Adventure Trip

Ages 8 - 14

Let your child enjoy exciting travel adventures all week long. Our fun, qualified staff will take the kids on a different trip each day. They'll travel to an amusement park, go to an arcade, take a trip to a maritime center or climb a mountain for the day. Lots of fun in one week! Return time may be later than 3:00 p.m. on some days.

June 25 - June 29 | 9:00 am - 3:00 pm \$300



SPORTS & ENRICHMENT

FOR KIDS!

www.seforkids.com

SPORTS PROGRAMS

Crusaders Basketball

Ages 6 - 12

Your child will be provided instruction from our talented Luralton Hall coaching staff. The staff will place students in age appropriate groups in order to further their basketball skills. Through this class, your child will become a better player, working on offensive and defensive skills such as dribbling, passing and shooting, in a fun and safe environment.

July 9 - July 13 9:00 am - 1:00 pm	\$140
July 23 - July 27 9:00 am - 1:00 pm	\$140

Crusaders Basketball - Advanced

Ages 12 - 16

This program will focus on fine tuning of the basketball fundamentals: shooting, dribbling, rebounding and defending. Each player will be challenged as an individual and as a team player. Participants will also have the opportunity put their new skills to test in competitive, but fun, pick-up games.

Aug. 6 - Aug. 10 9:00 am - 1:00 pm	\$140
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Elite Soccer

Ages 6 - 14

Elite Soccer Youth Academy, sponsored by XARA Soccer, is a program that will concentrate on developing today's youth soccer players. It's aimed at improving technique and having fun! This is a great opportunity for players to refine and improve their skills in a week. All campers will participate in fun, age-appropriate activities and games. Each day ends with team scrimmages to practice new skills and ideas. Elite Soccer is organized by Peter Trenchard, head coach at Luralton Hall, former head coach at West Haven High School, West Haven Youth Soccer and South Central Premier coach, nationally licensed USSF and NSCAA coach.

June 25 - June 29 9:00 am - 1:00 pm	\$140
July 30 - Aug. 3 9:00 am - 1:00 pm	\$140

Bob Olah's Big League Baseball

Ages 8 - 12 and Ages 10 - 14 **

Instructed by Bob Olah, a former professional baseball player with the NY Mets organization. He and his team will teach your child the skills needed to become a better player. During this program your child will work in a small group setting on fielding, catching, throwing, hitting and base running in a fun and safe environment. At the end of each day athletes will participate in a game situation to work on the skills learned.

July 16 - July 20 9:00 am - 1:00 pm	\$140
July 16 - July 20 9:00 am - 4:00 pm	\$240
Aug. 13 - Aug. 17 9:00 am - 1:00 pm	** \$140
Aug. 13 - Aug. 17 9:00 am - 4:00 pm	** \$240

LH Cheerleading

Ages 6 - 12

Luralton Hall cheerleaders and Kathy McMahon will instruct your child on proper techniques for cheering, including basic tumbling and team building. Let your child have some fun and learn new cheers with members of the Luralton Cheerleading Team.

July 2, 3, 5, 6 9:00 am - 1:00 pm	\$96
Aug. 13 - Aug. 17 1:00 pm - 4:00 pm	\$96

LH Advanced Cheer

Ages 12 - 17

Luralton Hall cheerleaders and Kathy McMahon will instruct your child on advanced techniques for cheering, including advanced tumbling and team building. Let your child have some fun and learn new cheers with members of the Luralton Cheerleading Team.

July 16 - July 20 1:00 pm - 4:00 pm	\$140
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LAX for Girls

Ages 10 and up

This program will be instructed by the Luralton Hall varsity coach and team members with the objective of teaching your daughter the fundamental skills and rules of the game. Through drills, activities, and mini games, your daughter will gain the knowledge and fundamental skills of the sport while working on team building and sportsmanship. Students should provide their own equipment: stick, mouth guard, and protective eye wear.

July 2, 3, 5, 6 9:00 am - 1:00 pm	\$100
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Softball

Ages 10 and up

This program will be instructed by a highly qualified staff along with Luralton Hall varsity team members with the objective of teaching your daughter the fundamental skills and rules of the game - hitting, catching, and running the bases. Through drills, activities, and mini games, your child will gain the knowledge and fundamental skills of the sport while working on team building and sportsmanship. Students should provide their own equipment. It is highly recommended that your child wear a mouth guard for protection.

July 30 - Aug. 3 9:00 am - 1:00 pm	\$125
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Field Hockey

Ages 10 and up

This program will introduce the competitive sport of field hockey to your daughter, with the objective of teaching her the fundamental skills and rules of the game - dribbling, shooting and defending. Through drills, activities, and mini games, your daughter will gain the knowledge and fundamental skills of the sport while working on team building and sportsmanship. Students should provide their own equipment: stick, mouth guard, and protective eye wear.

Aug. 6 - Aug. 10 9:00 am - 1:00 pm	\$125
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XC Running

Ages 11 and up

Let our cross country coach John Kenworthy help your child to develop into a stronger athlete and build an appreciation for the sport of running. Students will build their endurance and will learn proper form and tips and techniques for staying injury free. This course is great for all athletes, as it will help them better prepare for any sport. This program is not limited to cross country or track athletes; the techniques mastered will be beneficial for any athlete as they work on physical fitness and endurance. Allow our experienced staff help your child become a better athlete from the ground up.

Aug. 20 - Aug. 24 9:00 am - 1:00 pm	\$125
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Mix It Up - Sports & Games

Ages 6 - 14

This program is for the kids who are always playing the same sport and want to change things up. We will play a different sport, or different games, each day. Soccer, wiffleball, basketball, capture the flag, flag football and more. Children will be divided into age appropriate groups. Nothing but fun!

June 25 - June 29 9:00 am - 1:00 pm	\$130
July 2, 3, 5, 6 9:00 am - 1:00 pm	\$104
July 16 - July 20 9:00 am - 1:00 pm	\$130
July 30 - Aug. 3 9:00 am - 1:00 pm	\$130
Aug. 13 - Aug. 17 9:00 am - 1:00 pm	\$130

What's Next?

Ages 6-14

Want your child to experience a full day program without getting bored? Sign him or her up for our afternoon session, where students will have the option of participating in a variety of crafts, activities, sports, games and fun. This class also includes a fun trip to break up the week. Activities will vary based on the week and enrollment. Some activities may include a walk in the park, trips to the movies, games of wiffleball, dodgeball, or just relaxing with a board game or art project.

June 25 - June 29 1:00 pm - 4:00 pm	* \$130
July 2, 3, 5, 6 1:00 pm - 4:00 pm	** \$104
July 9 - July 13 1:00 pm - 4:00 pm	* \$130
July 16 - July 20 1:00 pm - 4:00 pm	* \$130
July 23 - July 27 1:00 pm - 4:00 pm	* \$130
July 30 - Aug. 3 1:00 pm - 4:00 pm	* \$130
Aug. 6 - Aug. 10 1:00 pm - 4:00 pm	* \$130
Aug. 13 - Aug. 17 1:00 pm - 4:00 pm	* \$130

* 40% off (\$78) if you sign up for a morning class

** 40% off (\$62.40) if you sign up for a morning class

FOR ADDITIONAL INFORMATION REGARDING THE SPORTS & ENRICHMENT FOR KIDS! PROGRAM, PLEASE CONTACT:

Nicolle Camara | ncamara@luraltonhall.org | 203.877.2786, ext. 136

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